

Alston Ridge Middle School

	2022-2023			
	6th Grade	7th Grade	8th Grade	Lunch Times
1st Period 8:15-9:05 (50)	Core #1	Core #1	HL/Elective	
4	4	4	4	
2nd Period 9:09-9:59 (50)	Core #2	Core #2	HL/Elective	
4	4	4	4	
3rd Period 10:03-10:30 (27)	RIDGE Time	RIDGE Time	RIDGE Time	
4	4	4	4	
4th Period 10:34-11:24 (50)	Lunch Warrior Time	HL/Elective	Core #1	10:34 - 10:57 AM
				4
				11:01 - 11:24 AM
4	4	4	4	
5th Period 11:28-12:18 (50)	Core #3	HL/Elective	Lunch Warrior Time	11:28 - 11:51 AM
				4
				11:55 - 12:18 PM
4	4	4	4	
6th Period 12:22-1:12 (50)	HL/Elective	Lunch Warrior Time	Core #2	12:22 - 12:45 PM
				4
				12:49- 1:12 PM
4	4	4	4	
7th Period 1:16-2:06 (50)	HL/Elective	Core #3	Core #3	
4	4	4	4	
8th Period 2:10-3:00 (50)	Core #4	Core #4	Core #4	